



# MIS

course

19<sup>th</sup> - 24<sup>th</sup> August, 2024

A course to allow your  
**Minimally Invasive Surgery skills**  
be sharpened by global MIS experts.

+254 742 747 098 | [training@3rdparkhospital.com](mailto:training@3rdparkhospital.com)

3rd Park Hospital, Nairobi and ACK Mt. Kenya Hospital, Kerugoya

# ISGE Training Invitation Letter



**Dr. Yamal Patel**

Course coordinator  
3rd Park Hospital

It is with great pleasure and enthusiasm that I extend a warm welcome to each of you as we embark on an exciting journey together at 3rd Park Hospital Nairobi, a state-of-the-art training hospital committed to pushing the boundaries of healthcare excellence and innovation.

As we join forces, we become integral contributors to a facility that not only embraces cutting-edge medical practices but also fosters a culture of continuous learning and growth. At 3rd Park Hospital, we believe in the power of knowledge, teamwork, and compassionate care to redefine the standards of healthcare.

Our commitment to excellence is reflected in the advanced training programs, state-of-the-art facilities, and the diverse expertise of our dedicated staff. We are not just a hospital; we are a community of healthcare professionals striving to make a difference in the lives of our patients and advance the frontiers of medical science.

Once again, welcome to 3rd Park Hospital Nairobi. We are excited about the incredible journey ahead, between 3rd park hospital and ISGE and we look forward to witnessing the positive impact we will collectively make in the world of healthcare.

# Your Faculty



Prof. Bruno Herendael  
Belgium



Prof. Emmanuel Nzau  
DRC



Dr. Yamal Patel  
Kenya



Dr. Joseph Njagi  
Kenya



Dr. Raj Dodia  
Kenya



Dr. Charles Muriuki  
Kenya



Mildred Odhiambo  
Kenya



Dr. Roshni Ajmera



Dr. Devi Mong'are



Mr. Joseph Munyao  
Kenya

## DAY 1 - Monday 19th August

TIME	TOPIC	FACULTY
0800 - 0830 Hrs	Arrival, Registration and Welcome	
0835 - 0900 Hrs	The OR set up - <i>How it is done</i>	Prof. Bruno Herendael
0905 - 1000 Hrs	Instrumentation in Lap - <i>What you need</i>	Dr. Yamal Patel/ MO/ JM
1000 - 1030 Hrs	Tea Break	
1030 - 1130 Hrs	Instruments in Hysteroscopy - <i>the more tricky surgery</i>	Prof. Emmanuel Nzau
1135 - 1200 Hrs	Abdominal Entry (Isge guidelines) - <i>Let's make it safe</i>	Prof. Bruno Herendael
1205 - 1230 Hrs	Care of instruments - <i>they are not cheap</i>	Joseph Munyao/ MO
1245 - 1300 Hrs	Discussion	
1300 - 1400 Hrs	Lunch Break	
1405 - 1430 Hrs	Patient Positioning - <i>Avoiding injuries</i>	Dr. Raj Dodia
1430 - 1600 Hrs	Dry Lab	All Faculty

## DAY 2 - Tuesday 20th August

TIME	TOPIC	FACULTY
0800 - 0830 Hrs	Arrival and Registration	
0800 - 1000 Hrs	Live surgery	YP/ JN/ CM/ RD
1000 - 1030 Hrs	Tea Break	
1030 - 1100 Hrs	Anatomy in Laparoscopy overview - <i>the basic overview</i>	Dr. Charles Muriuki
1100 - 1130 Hrs	Anatomy of Hysteroscopy - <i>small yet intricate</i>	Prof. Emmanuel Nzau
1130 - 1200 Hrs	Anaesthesia in MIS - <i>working together</i>	Dr. Roshni Ajmera
1200 - 1230 Hrs	Endometriosis anatomy - <i>Behind the curtain</i>	Prof. Bruno Herendael
1230 - 1300 Hrs	Ergonomics overview - <i>Don't forget yourself</i>	Prof. Emmanuel Nzau
1300- 1400 Hrs	Lunch Break	
1405 - 1430 Hrs	Laparoscopy MIS checklist - <i>Keeping it smooth</i>	Dr. Joesph Njagi
1435 - 1500 Hrs	Teamwork in MIS - <i>'cannot do this alone</i>	Prof. Emmanuel Nzau
1500 - 1700 Hrs	Dry Lab	All Faculty

## DAY 3 - Wednesday 21st August

TIME	TOPIC	FACULTY
0800 - 1000 Hrs	Live surgery	YP/ JN/ CM/ RD
1000 - 1030 Hrs	Tea Break	
1030 - 1100 Hrs	Monopolar Energy Tips - Avoiding risks	Dr. Raj Dodia/ YP
1100 - 1130 Hrs	Bipolar Energy Tips (Conventional + Advanced) - maximizing its use	Dr. Charles Muriuki/ YP
1130 - 1200 Hrs	Ultrasonic Energy Tips - the magic wand	Dr. Joseph Njagi
1205 - 1300 Hrs	Laparoscopic Suturing Principles + Overview - the next frontier	Prof. Bruno Herendael
1300 - 1400 Hrs	Lunch Break	
1400 - 1430 Hrs	Knots - always perfect, never good enough	Prof. Bruno Herendael
1430 - 1500 Hrs	Training in MIS - what are my options?	Dr. Yamal Patel
1405 - 1700 Hrs	Dry Lab	All Faculty

## DAY 4 Thursday 22nd August

TIME	TOPIC	FACULTY
0800 - 1000 Hrs	Live Surgery	YP/ JN/ RD/ CM
1000 - 1030 Hrs	Tea Break	
1030 - 1100 Hrs	Reproductive Sx-Principles + guidelines - is it obsolete?	Dr. Yamal Patel
1105 - 1130 Hrs	Laparoscopic TLH - Tips and Tricks - our commonest procedure	Prof. Emmanuel Nzau
1130 - 1200 Hrs	Laparoscopic Cystectomy - Tips and Tricks - keep the ovary safe	Dr. Charles Muriuki
1200 - 1230 Hrs	Laparoscopic Ectopic - Tips and Tricks - save lives	Dr. Raj Dodia
1230 - 1300 Hrs	Laparoscopic Myomectomy - Tips and Tricks - practicing suturing	Dr. Joseph Njagi
1300 - 1330 Hrs	Lunch Break	
1330 - 1400 Hrs	Operative Hysteroscopy - Tips and Tricks - small playground yet vast	Dr. Yamal Patel
1430 - 1600 Hrs	Assessment and MCQS + Practical	All Faculty

## Day 5 - Friday 23rd August (Kerugoya)

TIME	TOPIC	FACULTY
0600 -0900 Hrs	Travel to Kerugoya	
0900 -1600 Hrs	Live surgery	YP/ JN/ RD/ CM
1030 - 1100	Adhesion and prevention - <i>How we do it</i>	Prof. Bruno Herendael
	Near live Surgery Videos - <i>Let's discuss and analyze</i>	All Faculty

## Day 6 - Saturday 24th August (Kerugoya)

TIME	TOPIC	FACULTY
0900 - 1400	Live Surgery + Near live Surgery videos	YP/ JN/ RD/ CM
1400 -	Near live Surgery videos - <i>Let's discuss and analyze</i>	All Faculty
	Closing ceremony + certificate issuance	All Faculty
	Travel back to Nairobi - END of COURSE	

Time to grow your  
**Laparoscopy and fly!**

# For Your Information

## Amenities

Hospital WiFi  
Tea & Lunch  
Writing Materials

It is our pleasure to ensure that your stay with us is nothing short of exceptional

## Accommodation

To enjoy your stay in Nairobi contact any of this Hotels in the vicinity

**Concord Hotel:** [reservations@theconcordhotels.com](mailto:reservations@theconcordhotels.com) or +254711111333

**Crystal Apartments:** +254725588724

**Hennessis Hotel:** [info@hotelhennessis.com](mailto:info@hotelhennessis.com) or +254 701 111 844

**Laziz Suites:** [reservations@lazizsuites.com](mailto:reservations@lazizsuites.com) +254797777786

## Dining Experience

Indulge your palate with the exquisite culinary offerings around the hospital

Ronalo foods, Red Ginger Hotel  
Diamond Plaza, Park Inn by Radisson  
Ibis Hotel, Golden Tulip  
Villa Rossa Kempinski  
and many more.

## Exceptional Services

From seamless check-in at JKIA:

- You can request Uber services available from airport to your accommodation.
- We can also organize an easy pick up from the airport and drop off at a cost.
- The hotels are close to the hospital. You can use Uber or Public vehicles (be careful of your belongings while using public transport).
- For ease of communication you can buy a Kenyan sim card easily.

## Welcome to Kenya

---

---

+254 742 747 098

[www.3rdparkhospital.com](http://www.3rdparkhospital.com)

[Training@3rdparkhospital.com](mailto:Training@3rdparkhospital.com)

9th floor, PMC Building, 3rd Parklands Avenue, Parklands, Nairobi, Kenya

# Local Organizing Committee



**Felisters Njoroge**



**Ken Malele**



**JoyMargaret Gitonga**



**Hetal Haria**



**Warren Mulubi**



**Dalton Baraza**



**Caleb Macharia**



**Daniel Nyakundi**





# ISGE Advanced Course

19<sup>th</sup> - 24<sup>th</sup> August, 2024 - Kenya



## Basic Course Outline

- Overview and Condition for Endoscopic Surgery (Laparoscopy & Hysteroscopy)
- Basic Techniques in Endoscopic Surgery (Laparoscopy & Hysteroscopy)
- Equipment & Maintenance (Laparoscopy & Hysteroscopy)
- Complication in Endoscopic Surgery (Laparoscopy & Hysteroscopy)
- Laparoscopy & Adnexal Pathology
- Laparoscopic Anatomy of Female Genital Tract (Normal & Pathological Aspects)

## Advanced Course for Laparoscopic Surgeon

- Intensive Laparoscopic Suturing Course
- Laparoscopy Myomectomy
- Hysteroscopy & Endometrial Pathology
- Laparoscopic Hysterectomy

+254742747098

[www.3rdparkhospital.com](http://www.3rdparkhospital.com)

[Training@3rdparkhospital.com](mailto:Training@3rdparkhospital.com)

9th floor, PMC Building, 3rd Parklands Avenue, Parklands, Nairobi, Kenya

## To be filled by the **Learner**

- Gynaecologist       Resident (Post-Graduate)       Theatre Nurse       Other  
 Anesthesiologist       Internist       Anaesthetist Nurse

Surname		First Name	
Date Of Birth		Place Of Birth	
Address			
City		Country	
Mobile		Email	

Signature: \_\_\_\_\_

Participant Category	Training Duration	Training Fees
Gynaecologist, Anaesthesiologist, Resident, Internist, Theatre Nurse, Anaesthetist Nurse	6 days	Kes. 40,000

Registration can be paid **On Site** OR via **Bank Transfer** OR **M-Pesa** to:

Account Number: 1010833035

Account Holder Name: 3rd Park Hospital Ltd

Bank Street Address: Ruaraka

SWIFT/BIC CODE: VICMKENA

M-Pesa Paybill Number: 7649530

Account Name: Delegate's Name

## To be filled by the **Employer**

The undersigned, \_\_\_\_\_ attest to covering the continuing educational costs of (name of the learner): \_\_\_\_\_ for \_\_\_\_\_ years, done at **3rd PARK HOSPITAL** in **NAIROBI, KENYA**.

Signature: \_\_\_\_\_

---

---

**Welcome to Kenya**