



19th- 24thAugust, 2024

OU

A course to allow your Minimally Invasive Surgery skills be sharpened by global MIS experts.

+254 742 747 098 | training@3rdparkhospital.com 3rd Park Hospital, Nairobi and ACK Mt. Kenya Hospital, Kerugoya

ISGE Training Invitation Letter



Dr. Yamal Patel

Course coordinator 3rd Park Hospital It is with great pleasure and enthusiasm that I extend a warm welcome to each of you as we embark on an exciting journey together at 3rd Park Hospital Nairobi, a state-of-the-art training hospital committed to pushing the boundaries of healthcare excellence and innovation.

As we join forces, we become integral contributors to a facility that not only embraces cutting-edge medical practices but also fosters a culture of continuous learning and growth. At 3rd Park Hospital, we believe in the power of knowledge, teamwork, and compassionate care to redefine the standards of healthcare.

Our commitment to excellence is reflected in the advanced training programs, state-of-the-art facilities, and the diverse expertise of our dedicated staff. We are not just a hospital; we are a community of healthcare professionals striving to make a difference in the lives of our patients and advance the frontiers of medical science.

Once again, welcome to 3rd Park Hospital Nairobi.We are excited about the incredible journey ahead, between 3rd park hospital and ISGE and we look forward to witnessing the positive impact we will collectively make in the world of healthcare.

Your Faculty



Prof. Bruno Herendael ^{Belgium}



Prof. Emmanuel Nzau DRC



Dr. Yamal Patel _{Kenya}



Dr. Joseph Njagi _{Kenya}



Mildred Odhiambo _{Kenya}



Dr. Raj Dodia ^{Kenya}



Dr. Roshni Ajmera



Dr. Charles Muriuki ^{Kenya}



Dr. Devi Mong'are



Mr. Joseph Munyao ^{Kenya}

DAY 1 - Monday 19th August

TIME	ΤΟΡΙΟ	FACULTY
0800 - 0830 Hrs	Arrival, Registration and Welcome	
0835 - 0900 Hrs	The OR set up - How it is done Prof. Bruno Herendae	
0905 - 1000 Hrs	Instrumentation in Lap - What you need Dr. Yamal Patel/ MO/	
1000 - 1030 Hrs	Tea Break	
1030 - 1130 Hrs	Instruments in Hysteroscopy - the more tricky surgery	Prof. Emmanuel Nzau
1135 - 1200 Hrs	Abdominal Entry (Isge guidelines) - Let's make it safe	Prof. Bruno Herendael
1205 - 1230 Hrs	Care of instruments - they are not cheap	Joseph Munyao/ MO
1245 - 1300 Hrs	Discussion	
1300 - 1400 Hrs	Lunch Break	
1405 - 1430 Hrs	Patient Positioning - Avoiding injuries	Dr. Raj Dodia
1430 - 1600 Hrs	Dry Lab	All Faculty

DAY 2 - Tuesday 20th August

TIME	ΤΟΡΙΟ	FACULTY
0800 - 0830 Hrs	Arrival and Registration	
0800 - 1000 Hrs	Live surgery	YP/ JN/ CM/ RD
1000 - 1030 Hrs	Tea Break	
1030 - 1100 Hrs	Anatomy in Laparoscopy overview - the basic overview	Dr. Charles Muriuki
1100 - 1130 Hrs	Anatomy of Hysteroscopy - small yet intricate	Prof. Emmanuel Nzau
1130 - 1200 Hrs	Anaesthesia in MIS - working together	Dr. Roshni Ajmera
1200 - 1230 Hrs	Endometriosis anatomy - Behind the curtain	Prof. Bruno Herendael
1230 - 1300 Hrs	Ergonomics overview - Don't forget yourself	Prof. Emmanuel Nzau
1300- 1400 Hrs	Lunch Break	
1405 - 1430 Hrs	Laparoscopy MIS checklist - Keeping it smooth	Dr. Joesph Njagi
1435 - 1500 Hrs	Teamwork in MIS - 'cannot do this alone	Prof. Emmanuel Nzau
1500 - 1700 Hrs	Dry Lab	All Faculty

DAY 3 - Wednesday 21st August

TIME	ΤΟΡΙΟ	FACULTY
0800 - 1000 Hrs	Live surgery	YP/ JN/ CM/ RD
1000 - 1030 Hrs	Tea Break	
1030 - 1100 Hrs	Monopolar Energy Tips - Avoiding risks	Dr. Raj Dodia/ YP
1100 - 1130 Hrs	Bipolar Energy Tips (Conventional + Advanced maximizing its use	⁻ Dr. Charles Muriuki/ YP
1130 - 1200 Hrs	Ultrasonic Energy Tips - the magic wand	Dr. Joseph Njagi
1205 - 1300 Hrs	Laparoscopic Suturing Principles + Overview - the next frontier	Prof. Bruno Herendael
1300 - 1400 Hrs	Lunch Break	
1400 - 1430 Hrs	Knots - always perfect, never good enough	Prof. Bruno Herendael
1430 - 1500 Hrs	Training in MIS - what are my options?	Dr. Yamal Patel
1405 - 1700 Hrs	Dry Lab	All Faculty

DAY 4 Thursday 22nd August

TIME	ΤΟΡΙΟ	FACULTY
0800 - 1000 Hrs	Live Surgery	YP/ JN/ RD/ CM
1000 - 1030 Hrs	Tea Break	
1030 - 1100 Hrs	Reproductive Sx-Principles +guidelines - is it obsolete?	Dr. Yamal Patel
1105 - 1130 Hrs	Laparoscopic TLH - Tips and Tricks - our commonest procedure	Prof. Emmanuel Nzau
1130 - 1200 Hrs	Laparoscopic Cystectomy - Tips and Tricks - keep the ovary safe	Dr. Charles Muriuki
1200 - 1230 Hrs	Laparoscopic Ectopic - Tips and Tricks - save lives	Dr. Raj Dodia
1230 - 1300 Hrs	Laparoscopic Myomectomy - Tips and Tricks - practicing suturing	Dr. Joseph Njagi
1300 - 1330 Hrs	Lunch Break	
1330 - 1400 Hrs	Operative Hysterescopy - Tips and Tricks - small playground yet vast	Dr. Yamal Patel
1430 - 1600 Hrs	Assessment and MCQS + Practical	All Faculty

Day 5 - Friday 23rd August (Kerugoya)

TIME	ΤΟΡΙΟ	FACULTY
0600 -0900 Hrs	Travel to Kerugoya	
0900 -1600 Hrs	Live surgery	YP/ JN/ RD/ CM
1030 - 1100	Adhesion and prevention - How we do it	Prof. Bruno Herendael
	Near live Surgery Videos - Let's discuss and analyze	All Faculty

Day 6 - Saturday 24th August (Kerugoya)

TIME	ΤΟΡΙΟ	FACULTY
0900 - 1400	Live Surgery + Near live Surgery videos	YP/ JN/ RD/ CM
1400 -	Near live Surgery videos - Let's discuss and analyze	All Faculty
	Closing ceremony + certificate issuance	All Faculty
	Travel back to Nairobi - END of COURSE	

Time to grow your Laparoscopy and fly!

For Your Information

Amenities

Hospital WiFi Tea & Lunch Writing Materials

It is our pleasure to ensure that your stay with us is nothing short of exceptional

Accommodation

To enjoy your stay in Nairobi contact any of this Hotels in the vicinity Concord Hotel: reservations@theconcordhotels.com or +254711111333 Crystal Apartments: +254725588724 Hennessis Hotel: info@hotelhennessis.com or +254 701 111 844 Laziz Suites: reservations@lazizsuites.com +254797777786

Dining Experience

Indulge your palate with the exquisite culinary offerings around the hospital Ronalo foods, Red Ginger Hotel Diamond Plaza, Park Inn by Radisson Ibis Hotel, Golden Tulip Villa Rossa Kempinski and many more.

Exceptional Services

From seamless check-in at JKIA:

- You can request Uber services available from airport to your accommodation.
- We can also organize an easy pick up from the airport and drop off at a cost.
- The hotels are close to the hospital.You can use Uber or Public vehicles(be careful of your belongings while using public transport).
- For ease of communication you can buy a kenyan sim card easily.

Welcome to Kenya

+254 742 747 098

www.3rdparkhospital.com

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Local Organizing Committee

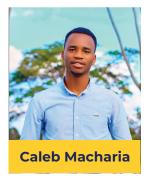




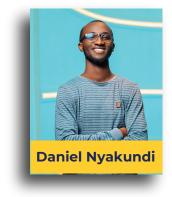


JoyMargaret Gitonga















ISGE **Advanced Course**

19th- 24thAugust, 2024 - Kenya



Basic Course Outline

- Overview and Condition for Endoscopic Surgery (Laparoscopy & Hysteroscopy)
- Basic Techniques in Endoscopic Surgery (Laparoscopy & Hysteroscopy)
- Equipment & Maintenance (Laparoscopy & Hysteroscopy)
- Complication in Endoscopic Surgery (Laparoscopy & Hysteroscopy)
- Laparoscopy & Adnexal Pathology Laparoscopic Anatomy of Female Genital Tract (Normal & Pathological Aspects)

Advanced Course for Laparoscopic Surgeon

- Intensive Laparoscopic Suturing Course
- Laparoscopy Myomectomy
- Hysteroscopy & Endometrial Pathology
- Laparoscopic Hysterectomy

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To be filled by the Learner			
GynaecologistAnesthesiologist	 Resident (Post-Graduate) Internist 	Theatre NurseAnaesthesist Nurse	☐ Other
Surname		First Name	
Date Of Birth		Place Of Birth	
Address			
City		Country	
Mobile		Email	

Signature: _____

Participant Category	Training Duration	Training Fees
Gynaecologist, Anaesthesiologist, Resident,Internist, Theatre Nurse, Anaesthesist Nurse	6 days	Kes. 40,000

Registration can be paid On Site OR via Bank Transfer OR M-Pesa to:

Account Number: 1010833035 Account Holder Name: 3rd Park Hospital Ltd Bank Street Address: Ruaraka SWIFT/BIC CODE: VICMKENA

M-Pesa Paybill Number: 7649530 Account Name: Delegate's Name

To be filled by the Employer

The undersigned, ______ attest to covering the

continuing educational costs of (name of the learner):

for ______ years, done at 3rd PARK HOSPITAL in NAIROBI, KENYA.

Signature: _____